

## **Poon Choi Banquet – Saturday 18<sup>th</sup> June 2016**

MORE than 50 people participated in our very first 'Poon Choi' banquet on Saturday 18<sup>th</sup> June 2016 as part of our celebrations for the Duanwu Festival. Duanwu is also known as the Dragon Boat Festival, because dragon boat races are the most popular activity during the festival, especially in Southern China.

The traditional outdoor lunch – known as a Poon Choi, or big basin – was first served to royalty during the Song Dynasty (960-1279), according to legend.

The story goes that many years ago, local villagers in Hong Kong served up the best food available to the young emperor, who had fled his home after an invasion, along with his troops.

But as they did not have enough dishes they served it all up in a large wooden wash basin for all to share.

A big thank you to all our staff and volunteers for the delicious Poon Choi, our sponsor Kong Wah Ltd for donating the soya milk and bean curd and Simon for the reusable bags and caps!

